

# KARRINYUP LITTLE ATHLETICS CLUB



YEAR BOOK  
2019/2020 SEASON



## WELCOME FROM THE PRESIDENT

Dear Athletes & Parents

Welcome to all new members of Karrinyup Little Athletics Club and welcome back to our returning members. It's fantastic to see you all.

The 2019/2020 season promises to be another very productive season of Little Athletics. Our sport continues to grow as a popular choice to keep our children active and fit. We will see our little athletes enjoy their experience, refine their skills, aim high for improvement and delight in friendships both at training and during competition.

Karrinyup Little Athletics Club is an accredited Good Sports club. We encourage family fun and fitness in a safe environment. Our focus is personal improvement and providing our little athletes the necessary techniques to ensure they are able to achieve their best. For the last five years Karrinyup Little Athletics Club has won the Consistency Award.

I would like to thank our coaches and committee of dedicated volunteer parents whose special efforts each week give our athletes the guidance and direction to enable them to achieve their personal bests during the season. To the parents of new and returning members I'd like to extend an invitation to participate in the operation of the club. I strongly encourage you to lend a hand in the many activities of the club as your children will thoroughly enjoy you being involved in their sports and spending time with you. We are always happy to assist or teach you how to encourage your child to gain or improve their skills.

Our club has tools in place to keep you up to date and answer any questions. Please always refer to our website [www.karrinyuplac.com.au](http://www.karrinyuplac.com.au) and take a moment to install our Karrinyup LAC App onto any smartphone device. We also have a Facebook page so you can keep up with the latest news. You may also approach me or any committee member with any questions.

Please enjoy the season!

Michelle Wilson  
President KLAC  
September 2019

## KARRINYUP LITTLE ATHLETICS CLUB COMMITTEE

POSITION	NAME	TELEPHONE	EMAIL
<b>Executive Members (Voting Rights)</b>			
<b>President</b>	Michelle Wilson	0400 026 827	klacpresident@gmail.com
<b>Vice President</b>	Grant McGill	0412 641 491	klacvicepresident@gmail.com
<b>Secretary</b>	Michelle Flowers	0400 103 546	klacsecretary@gmail.com
<b>Treasurer</b>	Alison Camillieri	0409 379 932	klactreasurer@gmail.com
<b>Registrar</b>	Wendy Main	0415 498 227	klacregistrar@gmail.com
<b>Ordinary Members (Voting Rights)</b>			
<b>Hamersley Delegates:</b>	Michelle Flowers	0400 103 546	klacsecretary@gmail.com
	Wendy Main	0415 498 227	klacregistrar@gmail.com
<b>Casual Members (No Voting Rights)</b>			
<b>Rosters Co-ordinator</b>	Eric Ortolan	0432 271 344	klacrosters@gmail.com
<b>Uniforms Co-ordinator</b>	Michelle Wilson	0400 026 837	klacuniforms@gmail.com
<b>BBQ Co-ordinator</b>			
<b>Family Gazebo Co-ordinator</b>	Michelle Wilson	0400 026 837	klacpresident@gmail.com
<b>Records Officer</b>	Carissa Boss	0408 888 825	carissaboss@gmail.com
<b>Head Coach</b>	Colleen Pekin	0402 028 153	colleenpekin@hotmail.com

## ABOUT OUR CLUB

Karrinyup Little Athletics Club was established in 1969. We are one of five clubs that together make up Hamersley Little Athletics Centre. The other clubs are Glendale, North Beach, Oceanside and Sorrento. We compete with these clubs on Saturday mornings, but represent Karrinyup LAC and wear Karrinyup uniforms for general Hamersley competitions. When competing at Zone and State competitions, Karrinyup athletes represent Hamersley Centre and wear a Hamersley uniform.

Each club has its own committee, with two parent delegates that represent the club at Hamersley Centre meetings.

The Hamersley Centre Committee is made up of parents from all five clubs who meet monthly to organise and coordinate the smooth running of the Centre.

All general Hamersley competitions are held between the clubs at CHARLES RILEY RESERVE, WENDLING ROAD, NORTH BEACH.

## PARENT PARTICIPATION

Little Athletics is a sport requiring family involvement. Parents should be aware that their involvement is required both at training and on competition days on a roster basis. Saturday competition days will involve parents and athletes from 7.45am until approximately 11.30am. Twilight competitions usually run from 4.30pm to approximately 7.30pm. You may be required to perform one of a number of different functions to help the athletics program progress smoothly. For example, measuring long jumps, raking the sand, and generally supervising children (none of these tasks are difficult). No experience is necessary, only a keenness to learn and participate. There will also be other occasions when your assistance is required on a roster basis with setting out and putting away equipment, helping at the BBQ etc. This also includes helping to erect the Karrinyup tent at the start of the day, and at the end of the day's events taking it down and packing it away in the store room.

On the plus side, it can be a very rewarding and social experience, and you will make as many new friends as your children do, and you will get as much out of it as you are prepared to put in.

## REGISTRATION AND COMPETITION

Once registrations have been processed, the children will receive a number and an age group tag to wear on their Karrinyup competition T-shirts. These must be worn on each competition day - NUMBERS PINNED ON FRONT OF T-SHIRT, AGE GROUP TAGS ON TOP LEFT HAND CORNER, SPONSOR BADGE ON TOP RIGHT HAND CORNER.

KLAC's uniform comprises of:

- Light blue top with royal blue trim, KLAC Logo and name on back.
- Royal blue shorts, bicycle pants or briefs (girls).

Children may be prevented from competing if their uniform is incorrect, or registration number and age group tag are not worn. Shoes must be worn for all events.

All competition details for the season (including the dates for all the Programs, the number of events each age group can compete in at each Program, competition rules etc) is covered in the 'Yellow Book' from Hamersley Little Athletics Centre. ***Please familiarise yourself with the Yellow Book as the prime reference for all competition information.*** The Yellow Book can be found at [www.hamersleyathletics.com.au/](http://www.hamersleyathletics.com.au/).

Results can be accessed throughout the season via [www.resultshq.com.au](http://www.resultshq.com.au) using your family login.

Information for State based competitions (i.e. State Relays, Zones, State Championships, other) can be found on the Little Athletics Western Australia (LAWA) website, [walittleathletics.com.au](http://walittleathletics.com.au), throughout the season.

## OPENING DAY FOR COMPETITION IS SATURDAY 12<sup>th</sup> OCTOBER 2019

Remember to bring sunscreen, drink, hat, as well as warm clothes if the weather is unpredictable.

## BEHAVIOUR

We expect all our athletes to behave themselves, both at training and during competition. Bad behaviour, bad manners and swearing will not be tolerated at any time. Everyone can have fun if we all listen to each other and follow instructions. Behaviour is taken into consideration when trophies are presented at the end of the year.

LAWA has a code of behaviour policy and Hamersley's Yellow Book has some guidelines as well. Please be mindful of the fact that all officials are volunteers, and they give their time and resources freely to provide recreational activities for your child. The following acts committed by Little Athletes, parents or guardians will not be tolerated and may result in removal from the site or group suspension from training and/or competition or termination of membership:

1. Improper conduct, language or behaviour at any training session, competition, social function or other meeting, which others find offensive.
2. Blasphemy, profanity, lewd behaviour or language towards or within hearing of any person.
3. Disobedience or disregard of any instruction from any official or other supervisory person at any training session, competition meeting or social function.

## TRAINING

Children benefit from individual advice at training, therefore any parents who can contribute to supervision at training sessions would be welcomed. Coaches and more experienced parents aim to provide specialised event training. Training sessions provide an opportunity for new members to learn some of the rules and techniques associated with athletics competition. Basic skills can be learned quickly but need to be reinforced regularly. Safety is of particular concern, especially with young and new athletes. Parents are expected to watch their own children and assist with the safety of others at all times.

**Club rules at training sessions:**

1. Only registered Little Athletes are permitted to participate or use the equipment.
2. ALL athletes must be at Karrinyup Reserve five minutes before the start of training to assist with setting up of the equipment.
3. No food, lollies or chewing gum is to be consumed during training.
4. The Coach will decide what "warm-up" is appropriate. All athletes must participate before they will be allowed to commence training.
5. Athletes will be organised into groups and sent to supervised sites where they must remain until the order to change sites is given.
6. Unsupervised handling of throwing implements or jumping on high jump mats is strictly forbidden.
7. Parent helpers in charge of sites have the authority to send an athlete off sites for misconduct. The athlete must then report to the Coach who will decide what action will be taken.
8. ***Dogs are not to be brought to training.***
9. All athletes are required to assist with returning equipment to the storeroom before they gather for the presentation/wrap-up of the session. Parents are encouraged to join the group for the presentation and announcements.

**Please take note of the following points:**

1. During cold weather, athletes should wear a tracksuit or sweater.
2. Athletes should always bring a cold drink; preferably water, to every session.
3. Training **MAY** be modified or cancelled if the temperature is above 35C at 3.00pm. Please do not drop and leave your children.
4. Training is **NOT** conducted in the rain. If it looks like rain, please **DO NOT** leave your children.
5. **Weather conditions causing a cancellation in training will be advised on the Karrinyup LAC app.** If in doubt about whether training is proceeding, please SMS the President who will confirm.
6. Training is **NOT** a babysitting service. Children are **NOT** to be left unattended on the oval at any time.
7. Karrinyup LAC and Hamersley Centre recognises that smoking and passive smoking are hazardous to health. We will ensure a smoke free environment and will also openly discourage adults from smoking in front of or near children.

## **SUN SAFE POLICY**

Karrinyup has adopted a sun safe policy in accordance with the recommendations from the Australian Cancer Council and Healthway WA, which advocate the SunSmart program. This means that athletes must at all times, wherever possible, wear a hat and cover all exposed skin with a broad spectrum block with an SPF factor of at least SPF30 plus.

Whilst part of our athletics program is held in the most dangerous hours (10am - 2pm), we endeavour to protect our athletes from exposure to the sun by way of the following methods:

- Our Club has 3 large tents, which are erected every Saturday at the club competition. Our children are encouraged to be under the tent whenever they are not competing in an event.
- Our Club provides sun block, which is accessible in the tent for all to use.
- Our Club promotes that a hat is to be worn while not competing.

## **GOOD SPORTS CLUB**

Karrinyup Little Athletics Club is an accredited Good Sports Club. We provide a safe and healthy place for families to enjoy Little Athletics. Our club is alcohol, smoke and drug free. We also encourage safe transport, healthy eating and support for mental health.

## **COACHING**

The club has accredited coaches but relies upon parents to ensure that training runs smoothly. This is particularly important in the area of safety when utilising equipment. It is important to remember that all coaching and other positions are undertaken voluntarily. Please offer support rather than criticism.

Parents are encouraged to undertake coaching courses to enable them to help the athletes with their skill development. Information on courses offered can be found on the Little Athletics WA website ([www.walittleathletics.com.au/Coaching/Coaching-Courses](http://www.walittleathletics.com.au/Coaching/Coaching-Courses)) which provides a couple of great courses: Level 1 for those who want an entry level athletics coaching course, and Level 2 for those wanting some further development on

athletics skills and drills. Look out for more information once the season gets underway.

All accredited coaches at the club hold current Working with Children Checks.

For those parents that take on a coaching role at KLAC, the KLAC Committee will consider any requests for the reimbursement of any associated course fees.

## **COMPETITION DAYS**

When new children arrive at the Hamersley Centre competition in the first few Saturday mornings, they can report to the Karrinyup tents where a Coach or one of the Committee will assist them with directions to the various sites for their events. However, please listen out for the PA system announcements by Hamersley as they will advise the events by age group and where the children need to marshal. Children should always be accompanied by an adult, who will be encouraged to assist with the running of the program.

## **TROPHIES & AWARDS**

To be eligible for an award, athletes must fulfil certain conditions:

1. Athletes must satisfy the eligibility criteria as outlined in the Hamersley Centre Yellow Book.
2. Athletes must compete in a minimum number of events to be eligible for an award - 25 events for juniors (U7-9), 30 events for seniors (U10-17).
3. Athletes should attend training regularly.
4. Bad behaviour at either training or competition days could prevent an athlete from being considered for an award.

## **KARRINYUP LIFE MEMBERS**

Bob Fergie, Edna Fergie, Margaret Ley (Dec), Ron Tester, Margaret Davis, Ken Scott (Dec), Val Jones, Ian Cassey, Carol Cassey, Kevin Grigson, Frits Vanirsén, Jan Veitch, Dom Parlongo, Jan Parlongo, Effie Stoitis, Anita Pesti, Ian Cooper, Janice Butt, Steve Roberts, Ashley Clementi.

**PAST PRESIDENTS**

1969/70	Vern Herd (Dec)	1995/96	David Cooper
1970/71	Vern Herd	1996/97	Ken Dodd
1971/72	Jack Sturrock (Dec)	1997/98	Ken Dodd
1972/73	Jack Sturrock	1998/99	Ken Dodd
1973/74	Barrie Carnegie	1999/00	Anita Pesti
1974/75	Reg Clairs	2000/01	Ian Cooper
1975/76	Ken Byron	2001/02	Ian Cooper
1976/77	Peter Winstanley	2002/03	Ian Cooper
1977/78	Terry Kingston	2003/04	Ian Cooper
1978/79	Terry Kingston	2004/05	Brad Walsh
1979/80	John Ley	2005/06	Brad Walsh
1980/81	John Ley	2006/07	John Nicolaou
1981/82	Noel Poetschka	2007/08	John Nicolaou
1982/83	Noel Poetschka	2008/09	John Nicolaou
1983/84	Ken Goodwin	2009/10	Steve Watson
1984/85	Ken Goodwin	2010/11	Steve Watson
1985/86	Ken Goodwin	2011/12	Steve Roberts
1987/88	Dom Parlongo	2012/13	Steve Roberts
1988/89	Dom Parlongo	2013/14	Steve Roberts
1989/90	Dom Parlongo	2014/15	Clint Johnson
1990/91	Dom Parlongo	2015/16	Clint Johnson
1991/92	Peter Jones	2016/17	Carissa Boss
1992/93	Peter Jones	2017/18	Carissa Boss
1993/94	Kim Willott	2018/19	Carissa Boss
1994/95	Pat Stephenson		

**2018/19 STATE CHAMPIONSHIP MEDALLISTS  
(U9-17)**

GOLD		
Vincent Williams	U9 Boys	100m
Imogen Boss	U12 Girls	Javelin
Jenna King	U12 Girls	200m
Jenna King	U12 Girls	400m
Tania Barilla	U13 Girls	High Jump
Alex Perin	U15 Boys	High Jump
Alex Perin	U15 Boys	Discus
SILVER		
Jenna King	U12 Girls	100m
Alex Perin	U15 Boys	Shot Put
BRONZE		
Rahul Ramaish	U9 Boys	60mH
Imogen Boss	U12 Girls	Discus
Alex Perin	U15 Boys	Long Jump

**2018/19 ZONE CHAMPIONSHIP MEDALLISTS  
(U7-8)**

	Nil	

**2018/19 STATE COMBINED CHAMPIONSHIPS**

BRONZE		
Jenna King	U12 Girls	2302 points

**2018/19 WINTER CROSS COUNTRY CHAMPIONSHIPS**

Silver Medal		
Cassiana Papadoulis	3000cc	13:01:40

**2018/19 AUSTRALIAN LITTLE ATHLETICS CHAMPIONSHIPS  
(Hobart)**

KLAC athletes (U13) selected to represent WA:		
Tania Barilla	High Jump	1.45m

**KARRINYUP LITTLE ATHLETICS CLUB AWARDS 2018/2019**

AWARD	WINNER	RUNNER UP
U/7 Champion Girl	Karissa Slater	-
U/7 Champion Boy	Evan Slater	Benjamin Black
U/8 Champion Girl	Luna McGovern	Elsie Jenkins
U/8 Champion Boy	Lachlan Frost	Dartanyon Wilson-Finnis
U/9 Champion Girl	Katalina Fisiilose	Lucy Thomson
U/9 Champion Boy	Rahul Ramaish	Vincent Williams
U/10 Champion Girl	Drew Williams	Clancy Boss
U/10 Champion Boy	Harry Biddeloo	Tom Clements
U/11 Champion Girl	Georgie Franklyn	Eleanor Flowers
U/12 Champion Girl	Imogen Boss	Siella de Wit
U/12 Champion Boy	Caleb Moran	Jordan Watson
U/13 Champion Girl	Tessa Porter	Tania Barilla
U/13 Champion Boy	Riley Wood	-
U/14 Champion Girl	Jessica Wheeler	Amelie Wood
U/14 Champion Boy	Reuben Clementi	Orion Ortolan
U/15 Champion Boy	Alex Perin	-
U/16 Champion Boy	Jacob Hristianopoulos	-
U/17 Champion Boy	Thomas Papathanassiou	Marcus Tognala

**PERPETUAL TROPHY AWARDS 2018/2019**

AWARD	WINNER
Grigson Trophy (Junior Girl Champion)	Katalina Fisiilose
Jones Trophy (Junior Boy Champion)	Rahul Ramaish
Cooper Trophy (Intermediate Girl Champion)	Imogen Boss
Metropolitan Trophy (Intermediate Boy Champion)	Caleb Moran
Vanirsen Trophy (Senior Girl Champion)	Jessica Wheeler
Cassey Trophy (Senior Boy Champion)	Reuben Clementi
Parlongo Trophy (Throws Champion)	Imogen Boss
Personal Best Award	Drew Williams
Coaches Award	Lucy Reeler

**KARRINYUP LAC RECORDS 1974 - 2019**

EVENT	AGE	NAME	SEASON	PERFORMANCE
70 M	U / 7 Boys	DAVID TRIMBOLI	87/88	11.3 (11.23s)
100 M	U / 7 Boys	DAVID TRIMBOLI	87/88	16.7 (16.67s)
200 M	U / 7 Boys	DAVID TRIMBOLI	87/88	34.7 (34.69s)
300 M	U / 7 Boys	MICHAEL COOPER	92/93	57.40s
LONG JUMP (Mat)	U / 7 Boys	MICHAEL DODD	98/99	3.40m
1kg SHOT	U / 7 Boys	MICHAEL DODD	98/99	8.00m
350g DISCUS	U / 7 Boys	MICHAEL DODD	98/99	20.48m
VORTEX	U / 7 Boys	RAHUL RAMAISH	16/17	16.16m

70 M	U / 7 Girls	MONICA FIORE	86/87	12.2 (12.16s)
100 M	U / 7 Girls	SUZANNAH PESTI	94/95	17.4 (17.31s)
200 M	U / 7 Girls	SARAH McPHARLIN	91/92	37.2s
300 M	U / 7 Girls	SIELLA DE WIT	14/15	1:02.66
LONG JUMP (Mat)	U / 7 Girls	MACEY SHERIDAN	16/17	3.02m
1kg SHOT	U / 7 Girls	CLANCY BOSS	16/17	7.03m
350g DISCUS	U / 7 Girls	CLANCY BOSS	16/17	17.40m
VORTEX	U / 7 Girls	CLANCY BOSS	16/17	15.41m

60 M H	U / 8 Boys	SIMON WALSH	01/02	10.6 (10.58s)
70 M	U / 8 Boys	MATTHEW DEAN	97/98	10.8 (10.72s)
100 M	U / 8 Boys	SHANE CASSEY	78/79	14.7s
200 M	U / 8 Boys	SHANE CASSEY	78/79	31.6s
500 M	U / 8 Boys	MATTHEW MACKMAN	17/18	2:01.90
LONG JUMP (Mat)	U / 8 Boys	MICHAEL DODD	99/00	3.87m
1.5kg SHOT	U / 8 Boys	PETER PARLONGO	84/85	8.10m
500g DISCUS	U / 8 Boys	SIMON WALSH	01/02	22.32m
TURBO JAV.	U / 8 Boys	MICHAEL DODD	99/00	20.60m
60 M H	U / 8 Girls	SIELLA DE WIT	15/16	11.80s



70 M	U / 8 Girls	C. MARDON	78/79	11.1s
100 M	U / 8 Girls	C. MARDON	78/79	15.3s
200 M	U / 8 Girls	C. MARDON	78/79	33.4s
500 M	U / 8 Girls	MEG JENKINS	16/17	1:59.88
LONG JUMP (Mat)	U / 8 Girls	BETHANIE MELIS	85/86	3.41m
1.5kg SHOT	U / 8 Girls	CLANCY BOSS	17/18	6.11m
500g DISCUS	U / 8 Girls	CLANCY BOSS	17/18	16.92m
TURBO JAV.	U / 8 Girls	CLANCY BOSS	17/18	10.99m

60 M H	U / 9 Boys	SIMON WALSH	02/03	10.0s
70 M	U / 9 Boys	SHANE CASSEY	79/80	10.1s
100 M	U / 9 Boys	ANDREW DEAN	78/79	14.1s
200 M	U / 9 Boys	SHANE CASSEY	79/80	30.4s
400 M	U / 9 Boys	SHANE CASSEY	79/80	1:12.70
800 M	U / 9 Boys	MICHAEL COOPER	94/95	2:49.7 (2:49.69)
LONG JUMP (Mat)	U / 9 Boys	ALEX PERIN	13/14	4.25m
HIGH JUMP SCISSORS	U / 9 Boys	RAHUL RAMAISH	18/19	1.10m
2kg SHOT	U / 9 Boys	PETER PARLONGO	85/86	8.22m
500g DISCUS	U / 9 Boys	SHANE CASSEY	79/80	29.04m
TURBO JAV.	U / 9 Boys	MICHAEL DODD	00/01	27.92m

60 M H	U / 9 Girls	SIELLA DE WIT	16/17	11.26s
70 M	U / 9 Girls	RENEE POETSCHKA	79/80	10.5s
100 M	U / 9 Girls	LAUREN POETSCHKA	83/84	14.9s
200 M	U / 9 Girls	LAUREN POETSCHKA	83/84	31.2 (31.16s)
400 M	U / 9 Girls	DONNA FLOOD	77/78	1:14.00
800 M	U / 9 Girls	LOUISE BRANDSMA	10/11	3:00.12
LONG JUMP (Mat)	U / 9 Girls	SARA STOITIS	91/92	4.01m
HIGH JUMP SCISSORS	U / 9 Girls	AQUA SAMUELS	16/17	1.12m

2kg SHOT	U / 9 Girls	G. LOMBARDO	78/79	6.48m
500g DISCUS	U / 9 Girls	NICOLE KUHAUPT	79/80	19.26m
TURBO JAV.	U / 9 Girls	IMOGEN BOSS	15/16	14.12m

60 M H	U / 10 Boys	SIMON WALSH	03/04	10.8s
70 M	U / 10 Boys	ANDREW DEAN SHANE CASSEY	79/80 80/81	9.9s
100 M	U / 10 Boys	SHANE CASSEY	80/81	14.0s
200 M	U / 10 Boys	JAY BURTON	82/83	29.0 (28.97s)
400 M	U / 10 Boys	SHANE CASSEY	80/81	1:08.0
800 M	U / 10 Boys	GLYN CASSIDY	89/90	2:42.9 (2:42.85)
LONG JUMP (Mat)	U / 10 Boys	JOEL DEACON MICHAEL COOPER	85/86 95/96	4.36m
HIGH JUMP SCISSORS	U / 10 Boys	ALEX PERIN	14/15	1.32m
2kg SHOT	U / 10 Boys	SCOTT VICKERY	74/75	10.32m
500g DISCUS	U / 10 Boys	ALEX PERIN	14/15	32.33m
TURBO JAV.	U / 10 Boys	TOM CLEMENTS	18/19	17.07m

60 M H	U / 10 Girls	KIRRA PRUMM	15/16	11.44s
70 M	U / 10 Girls	MALAIKA DEACON	86/87	9.9 (9.87s)
100 M	U / 10 Girls	RENEE POETSCHKA	80/81	14.3s
200 M	U / 10 Girls	RENEE POETSCHKA	80/81	29.7s
400 M	U / 10 Girls	SHARON KERNAGHAN	77/78	1:11.5
800 M	U / 10 Girls	KIRRA PRUMM	15/16	2:53.29
LONG JUMP (Mat)	U / 10 Girls	BETHANIE MELIS	87/88	4.02m
HIGH JUMP SCISSORS	U / 10 Girls	SOPHIE AITKEN	08/09	1.23m
2kg SHOT	U / 10 Girls	BETHANIE MELIS	87/88	7.79m
500g DISCUS	U / 10 Girls	NICOLE KUHAUPT	80/81	26.44m
TURBO JAV.	U / 10 Girls	SIELLA DE WIT	17/18	15.25m

80 M H	U / 11 Boys	From 2019/20 Season	-	-
100 M	U / 11 Boys	ANDREW DEAN	80/81	13.3s
200 M	U / 11 Boys	SHANE CASSEY	81/82	28.1s
400 M	U / 11 Boys	GLYN CASSIDY	90/91	1:05.1 (1:05.06)
800 M	U / 11 Boys	S. LEIPOLD	77/78	2:37.4
1500 M	U / 11 Boys	MALCOLM KARMELICH	81/82	5:13.5
LONG JUMP (20cm B/M)	U / 11 Boys	SHANE CASSEY	81/82	4.60m
TRIPLE JUMP (20cm B/M)	U / 11 Boys	SHANE CASSEY	81/82	9.94m
HIGH JUMP FOSBURY	U / 11 Boys	JAY BURTON	83/84	1.52m
2kg SHOT	U / 11 Boys	ALEX PERIN	15/16	10.47m
500g DISCUS	U / 11 Boys	No Previous Record	-	-
400g JAVELIN	U / 11 Boys	DARREN JONES	79/80	35.76m

80 M H	U / 11 Girls	From 2019/20 Season	-	-
100 M	U / 11 Girls	ANITA JONES	79/80	13.6s
200 M	U / 11 Girls	RENEE POETSCHKA	81/82	27.9s
400 M	U / 11 Girls	JADE WHYTE	12/13	1:07.98
800 M	U / 11 Girls	SHARON KERNAGHAN	78/79	2:35.8
1500 M	U / 11 Girls	SHARON KERNAGHAN	78/79	5:21.2
LONG JUMP (20cm B/M)	U / 11 Girls	DORIS LIVICH	77/78	4.14m
TRIPLE JUMP (20cm B/M)	U / 11 Girls	ISABELLA INGLIS	17/18	8.85m
HIGH JUMP FOSBURY	U / 11 Girls	MALAIKA DEACON	87/88	1.36m
2kg SHOT	U / 11 Girls	TASHA MARCIANO	04/05	9.65m
500g DISCUS	U / 11 Girls	ELEANOR FLOWERS	18/19	15.47m
400g JAVELIN	U / 11 Girls	KIRRA PRUMM	16/17	24.31m

80 M H	U / 12 Boys	From 2019/20 Season	-	-
100 M	U / 12 Boys	SHANE CASSEY	82/83	12.8s
200 M	U / 12 Boys	SHANE CASSEY	82/83	26.8s

400 M	U / 12 Boys	SHANE CASSEY	82/83	1:04.5
800 M	U / 12 Boys	SCOTT EIZELLE	81/82	2:36.3
1500 M	U / 12 Boys	MARK KERNAGHAN	77/78	5:14.5
LONG JUMP (20cm B/M)	U / 12 Boys	SHANE CASSEY	82/83	5.17m
TRIPLE JUMP (20cm B/M)	U / 12 Boys	SHANE CASSEY	82/83	11.13m
HIGH JUMP	U / 12 Boys	JAY BURTON	84/85	1.62m
2kg SHOT	U / 12 Boys	CALEB MORAN	18/19	9.55m
750g DISCUS	U / 12 Boys	DARREN JONES	80/81	35.88m
400g JAVELIN	U / 12 Boys	SHANE CASSEY	82/83	39.00m

80 M H	U / 12 Girls	From 2019/20 Season	-	-
100 M	U / 12 Girls	MEGAN CROSSWELL	84/85	13.3 (13.24s)
200 M	U / 12 Girls	LUKA SAMUELS	15/16	27.76s
400 M	U / 12 Girls	DEBBIE WHINNEN	78/79	1:02.0
800 M	U / 12 Girls	LISA SCOTT	77/78	2:31.7
1500 M	U / 12 Girls	SHARON KERNAGHAN	79/80	5:13.6
LONG JUMP (20cm B/M)	U / 12 Girls	DEBBIE WHINNEN	78/79	4.59m
TRIPLE JUMP (20cm B/M)	U / 12 Girls	RENEE POETSCHKA	82/83	8.86m
HIGH JUMP	U / 12 Girls	LAUREN HODDER	03/04	1.46m
2kg SHOT	U / 12 Girls	FRANCES DEGRUCHY	79/80	11.50m
750g DISCUS	U / 12 Girls	IMOGEN BOSS	18/19	29.19m
400g JAVELIN	U / 12 Girls	EMMA BOND	13/14	29.31m

80 M H	U / 13 Boys	DARREN DEMASI	89/90	13.7 (13.68s)
200 M H	U / 13 Boys	JACOB HRISTIANOPOULOS	15/16	30.95s
100 M	U / 13 Boys	SHANE CASSEY	83/84	12.6s
200 M	U / 13 Boys	SHANE CASSEY	83/84	26.3 (26.28s)
400 M	U / 13 Boys	SHANE CASSEY	83/84	1:00.7 (1:00.68)
800 M	U / 13 Boys	DARREN DEMASI	89/90	2:27.0 (2:26.97)

1500 M	U / 13 Boys	JESSE HUNT	10/11	5:06.53
LONG JUMP	U / 13 Boys	SHANE CASSEY	83/84	5.56m
TRIPLE JUMP	U / 13 Boys	SHANE CASSEY	83/84	11.08m
HIGH JUMP	U / 13 Boys	ALEX PERIN	17/18	1.74m
3kg SHOT	U / 13 Boys	ALEX PERIN	17/18	13.21m
750g DISCUS	U / 13 Boys	DARREN JONES	81/82	41.10m
600g JAVELIN	U / 13 Boys	PHILLIP WINSTANLEY	78/79	40.64m

80 M H	U / 13 Girls	JADE WHYTE	14/15	13.98s
200 M H	U / 13 Girls	JADE WHYTE	14/15	30.21s
100 M	U / 13 Girls	KYLIE VALLENCE	88/89	13.4 (13.39s)
200 M	U / 13 Girls	SARA STOITIS	95/96	27.5 (27.43s)
400 M	U / 13 Girls	SHARON KERNAGHAN	80/81	1:03.6
800 M	U / 13 Girls	LISA SCOTT	78/79	2:25.6
1500 M	U / 13 Girls	SHARON KERNAGHAN	80/81	5:14.2
LONG JUMP	U / 13 Girls	DIANE CHRISTENSON	74/75	5.07m
TRIPLE JUMP	U / 13 Girls	TAYLOR WATSON	09/10	10.19m
HIGH JUMP	U / 13 Girls	TAYLOR WATSON	09/10	1.50m
3kg SHOT	U / 13 Girls	L. VICKERY	76/77	11.03m
750g DISCUS	U / 13 Girls	FRANCES DEGRUCHY	79/80	31.04m
400g JAVELIN	U / 13 Girls	EMMA BOND	14/15	31.32m

90 M H	U / 14 Boys	DARREN DEMASI	90/91	13.6 (13.59s)
200 M H	U / 14 Boys	JARRAD MCINTEE	07/08	29.50s
100 M	U / 14 Boys	FRANK TRIMBOLI	87/88	12.1 (12.04s)
200 M	U / 14 Boys	SHANE CASSEY	84/85	25.0s
400 M	U / 14 Boys	DAVID ROBERTSON	90/91	57.9 (57.81s)
800 M	U / 14 Boys	DAVID ROBERTSON	90/91	2:18.3 (2:18.25)
1500 M	U / 14 Boys	JESSE HUNT	11/12	4:52.64
LONG JUMP	U / 14 Boys	SHANE CASSEY	84/85	5.95m

TRIPLE JUMP	U / 14 Boys	SHANE CASSEY	84/85	12.65m
HIGH JUMP	U / 14 Boys	JAY BURTON	86/87	1.73m
3kg SHOT	U / 14 Boys	DARREN JONES	82/83	14.51m
1kg DISCUS	U / 14 Boys	ANDREW COOPER	01/02	38.10m
600g JAVELIN	U / 14 Boys	DARREN JONES	82/83	47.26m

80 M H	U / 14 Girls	ALICE ROUND	01/02	14.0s
200 M H	U / 14 Girls	ALICE ROUND	01/02	31.0 (30.96s)
100 M	U / 14 Girls	CHRISTINE THOMPSON	82/83	13.0s
200 M	U / 14 Girls	SILVIA LIONE ALICE ROUND	90/91 01/02	27.2 (27.14s)
400 M	U / 14 Girls	SHARON KERNAGHAN	81/82	1:01.8
800 M	U / 14 Girls	NICOLE KUHAUPT	84/85	2:25.5 (2:25.41)
1500 M	U / 14 Girls	SHARON KERNAGHAN	81/82	5:05.9
LONG JUMP	U / 14 Girls	KYLIE VALLENCE	89/90	5.06m
TRIPLE JUMP	U / 14 Girls	KYLIE VALLENCE	89/90	10.47m
HIGH JUMP	U / 14 Girls	CATHERINE SINFIELD	93/94	1.53m
3kg SHOT	U / 14 Girls	BETHANIE MELIS	91/92	10.47m
1kg DISCUS	U / 14 Girls	BETHANIE MELIS	91/92	25.66m
400g JAVELIN	U / 14 Girls	EMMA BOND	15/16	30.71m

100 M H	U / 15 Boys	JACOB HRISTIANOPOULOS	17/18	14.25s
300 M H	U / 15 Boys	JACOB HRISTIANOPOULOS	17/18	43.81s
100 M	U / 15 Boys	FRANK TRIMBOLI	88/89	11.7 (11.63s)
200 M	U / 15 Boys	FRANK TRIMBOLI	88/89	24.4 (24.34s)
400 M	U / 15 Boys	DEAN STOITIS	93/94	56.7 (56.69s)
800 M	U / 15 Boys	DAVID ROBERTSON	91/92	2:19.7 (2:19.64)
1500 M	U / 15 Boys	JESSE HUNT	12/13	4:46.26
LONG JUMP	U / 15 Boys	DARREN TEMPANY	90/91	5.97m
TRIPLE JUMP	U / 15 Boys	JACOB HRISTIANOPOULOS	17/18	12.45m

HIGH JUMP	U / 15 Boys	DARREN TEMPANY PETER SINFIELD ALEX PERIN	90/91 92/93 18/19	1.80m
4kg SHOT	U / 15 Boys	SHAUN O'BRIEN	92/93	15.63m
1kg DISCUS	U / 15 Boys	SHAUN O'BRIEN	92/93	50.90m
700g JAVELIN	U / 15 Boys	ALEX PERIN	18/19	29.20m

90 M H	U / 15 Girls	LAUREN HODDER	06/07	15.20s
300 M H	U / 15 Girls	ALYSSA WHALAN	16/17	57.44s
100 M	U / 15 Girls	ALICE ROUND	02/03	12.9s
200 M	U / 15 Girls	ALICE ROUND	02/03	26.3s
400 M	U / 15 Girls	SALLY SHINE	90/91	1:03.5 (1:03.41)
800 M	U / 15 Girls	SHARLENE RAFTIS	86/87	2:25.1
1500 M	U / 15 Girls	SHARLENE RAFTIS	86/87	5:04.7 (5:04.61)
LONG JUMP	U / 15 Girls	CONNIE STRATAS	85/86	5.09m
TRIPLE JUMP	U / 15 Girls	KYLIE VALLENCE	90/91	10.75m
HIGH JUMP	U / 15 Girls	CHRISTINA WHITE	87/88	1.58m
3kg SHOT	U / 15 Girls	BETHANIE MELIS	92/93	11.48m
1kg DISCUS	U / 15 Girls	BETHANIE MELIS	92/93	27.46m
500g JAVELIN	U / 15 Girls	ERIN O'BRIEN	12/13	29.73m

100 M H	U / 16 Boys	JACOB HRISTIANOPOULOS	18/19	13.61s
300 M H	U / 16 Boys	JACOB HRISTIANOPOULOS	18/19	40.68s
100 M	U / 16 Boys	JACOB HRISTIANOPOULOS	18/19	11.58s
200 M	U / 16 Boys	JACOB HRISTIANOPOULOS	18/19	23.81s
400 M	U / 16 Boys	PERRIN PAPATHANASSIOU	11/12	57.04s
800 M	U / 16 Boys	MARCUS TOGNALA	17/18	2:39.76
1500 M	U / 16 Boys	MARCUS TOGNALA	17/18	6:48.19
LONG JUMP	U / 16 Boys	JACOB HRISTIANOPOULOS	18/19	6.46m

TRIPLE JUMP	U / 16 Boys	GEORGIOS PAPATHANASSIOU	08/09	12.29m
HIGH JUMP	U / 16 Boys	PAUL PESTI JACOB HRISTIANOPOULOS	00/01 18/19	1.80m
4kg SHOT	U / 16 Boys	DUNCAN BRADBURY	08/09	13.28m
1kg DISCUS	U / 16 Boys	DUNCAN BRADBURY	08/09	36.35m
700g JAVELIN	U / 16 Boys	THOMAS PAPATHANASSIOU	17/18	28.00m

90 M H	U / 16 Girls	TAYLOR WATSON	12/13	14.72s
300 M H	U / 16 Girls	No Previous Record	-	-
100 M	U / 16 Girls	SARA STOITIS	98/99	13.3 (13.26s)
200 M	U / 16 Girls	SARA STOITIS	98/99	27.6s
400 M	U / 16 Girls	SARA STOITIS	98/99	1:05.9 (1:05.85)
800 M	U / 16 Girls	EMILY-ROSE WALLACE	14/15	2:51.07
1500 M	U / 16 Girls	AMY STAFFE	08/09	6:33.69
LONG JUMP	U / 16 Girls	TAYLOR WATSON	12/13	4.69m
TRIPLE JUMP	U / 16 Girls	SARA STOITIS	98/99	10.06m
HIGH JUMP	U / 16 Girls	TAYLOR WATSON	12/13	1.55m
3kg SHOT	U / 16 Girls	KIMBERLEY CLIFTON	16/17	9.02m
1kg DISCUS	U / 16 Girls	KIMBERLEY CLIFTON	16/17	24.04m
500g JAVELIN	U / 16 Girls	KIMBERLEY CLIFTON	16/17	21.16m
110 M H	U / 17 Boys	GEORGIOS PAPATHANASSIOU	09/10	15.61s
300 M H	U / 17 Boys	MARCUS TOGNALA	18/19	55.50s
100 M	U / 17 Boys	DUNCAN BRADBURY	09/10	12.06s
200 M	U / 17 Boys	GEORGIOS PAPATHANASSIOU	09/10	24.73s
400 M	U / 17 Boys	DUNCAN BRADBURY	09/10	58.07s
800 M	U / 17 Boys	PERRIN PAPATHANASSIOU	12/13	2:16.32
1500 M	U / 17 Boys	PERRIN PAPATHANASSIOU	12/13	5:05.69

LONG JUMP	U / 17 Boys	GEORGIOS & PERRIN PAPATHANASSIOU	09/10 & 12/13	6.03m
TRIPLE JUMP	U / 17 Boys	GEORGIOS PAPATHANASSIOU	09/10	12.92m
HIGH JUMP	U / 17 Boys	GEORGIOS PAPATHANASSIOU	09/10	1.74m
5kg SHOT	U / 17 Boys	DUNCAN BRADBURY	09/10	12.50m
1.5kg DISCUS	U / 17 Boys	DUNCAN BRADBURY	09/10	32.26m
700g JAVELIN	U / 17 Boys	GEORGIOS PAPATHANASSIOU	09/10	39.00m

100 M H	U / 17 Girls	TAYLOR WATSON	13/14	16.72s
300 M H	U / 17 Girls	No Previous Record	-	-
100 M	U / 17 Girls	TAYLOR WATSON	13/14	13.54s
200 M	U / 17 Girls	TAYLOR WATSON	13/14	28.41s
400 M	U / 17 Girls	EMILY-ROSE WALLACE	15/16	1:06.81
800 M	U / 17 Girls	EMILY-ROSE WALLACE	15/16	2:35.49
1500 M	U / 17 Girls	EMILY-ROSE WALLACE	15/16	5:14.00
LONG JUMP	U / 17 Girls	TAYLOR WATSON	13/14	4.42m
TRIPLE JUMP	U / 17 Girls	SOFIGIA PAPATHANASSIOU	16/17	9.54m
HIGH JUMP	U / 17 Girls	TAYLOR WATSON	13/14	1.40m
3kg SHOT	U / 17 Girls	TAYLOR WATSON	13/14	8.57m
1kg DISCUS	U / 17 Girls	GEORGIA SALATHIEL	11/12	26.00m
500g JAVELIN	U / 17 Girls	TAYLOR WATSON	13/14	22.78m

### KARRINYUP LAC DISCONTINUED RECORDS

EVENT	AGE	NAME	SEASON	PERFORMANCE
60 M H	U / 7 Boys	MICHAEL DODD	98/99	12.6 (12.55s)
500 M W	U / 7 Boys	MICHAEL COOPER	92/93	3:24.05
1.5kg SHOT	U / 7 Boys	MICHAEL COOPER	92/93	5.44m
500g DISCUS	U / 7 Boys	DAVID TRIMBOLI	87/88	12.04m
400g JAVELIN	U / 7 Boys	MICHAEL COOPER	92/93	13.72m
TURBO JAV.	U / 7 Boys	MICHAEL DODD	98/99	16.41m
60 M H	U / 7 Girls	SIELLA DE WIT	14/15	12.99s
500 M W	U / 7 Girls	BETH WARD	86/87	3:04:1 (3:04.04)
1.5kg SHOT	U / 7 Girls	SARAH McPHARLIN	91/92	4.31m
500g DISCUS	U / 7 Girls	AMY STEVENSON	92/93	8.70m
400g JAVELIN	U / 7 Girls	JULIA McPHARLIN	91/92	6.98m
TURBO JAV.	U / 7 Girls	TAYLOR TRENT	07/08	9.93m
400 M	U / 8 Boys	R. HUNTLEY	81/82	1:15.20
500 M W	U / 8 Boys	JAMES EVERDEN	90/91	3:12.00
LONG JUMP (20cm Board)	U / 8 Boys	SHANE CASSEY	78/79	3.99m
TRIPLE JUMP (20cm Board)	U / 8 Boys	SHANE CASSEY	78/79	7.85m
TRIPLE JUMP (m2 Mat)	U / 8 Boys	MICHAEL COOPER	93/94	7.73m
400g JAVELIN	U / 8 Boys	JAY HUNTER	1979	22.36m
400 M	U / 8 Girls	LAUREN POETSCHKA	82/83	1:17.60
500 M W	U / 8 Girls	AMY STEVENSON	93/94	2:54.94
LONG JUMP (20cm Board)	U / 8 Girls	O. BENNETT	78/79	3.07m
TRIPLE JUMP (20cm Board)	U / 8 Girls	LAUREN POETSCHKA	82/83	7.36m
TRIPLE JUMP (m2 Mat)	U / 8 Girls	BETHANIE MELIS	85/86	7.27m
400g JAVELIN	U / 8 Girls	SAMANTHA VANIRSEN	82/83	10.06m
700 M W	U / 9 Boys	MALCOLM ASHTON	81/82	3:45.9
LONG JUMP (20cm Board)	U / 9 Boys	SHANE CASSEY	79/80	4.45m
TRIPLE JUMP (20cm Board)	U / 9 Boys	SHANE CASSEY	79/80	9.06m

TRIPLE JUMP (m <sub>2</sub> Mat)	U / 9 Boys	DARREN TEMPANY	84/85	8.65m
400g JAVELIN	U / 9 Boys	PETER PARLONGO	85/86	27.88m
700 M W	U / 9 Girls	NICOLE KUHAUPT	79/80	3:48.3
LONG JUMP (20cm Board)	U / 9 Girls	NICOLE KUHAUPT	79/80	3.48m
TRIPLE JUMP (20cm Board)	U / 9 Girls	JO-LEE BOAKES	82/83	6.81m
TRIPLE JUMP (m <sub>2</sub> Mat)	U / 9 Girls	BETHANIE MELIS	86/87	8.25m
400g JAVELIN	U / 9 Girls	FIONA DEMASI	89/90	16.74m
700 M W	U / 10 Boys	JAMES EVERDEN	92/93	3:38.89
1100 M W	U / 10 Boys	SIMON DIB	03/04	5:50.3
LONG JUMP (20cm Board)	U / 10 Boys	SHANE CASSEY	80/81	4.65m
TRIPLE JUMP (20cm Board)	U / 10 Boys	SHANE CASSEY	80/81	9.97m
TRIPLE JUMP (Mat)	U / 10 Boys	DARREN TEMPANY	85/86	9.32m
HIGH JUMP FOSBURY	U / 10 Boys	JAY BURTON	82/83	1.45m
400g JAVELIN	U / 10 Boys	PETER PARLONGO	86/87	31.68m
700 M W	U / 10 Girls	LISA WALLIS	82/83	3:58.2
1100 M W	U / 10 Girls	NAOMI GALLAGHER	94/95	7:10.6 (7:10.54)
LONG JUMP (20cm Board)	U / 10 Girls	RENEE POETSCHKA	80/81	3.71m
TRIPLE JUMP (20cm Board)	U / 10 Girls	CATHERINE VEITCH	82/83	7.44m
TRIPLE JUMP (Mat)	U / 10 Girls	BETHANIE MELIS	87/88	8.68m
HIGH JUMP FOSBURY	U / 10 Girls	RACHEL CHRISTIE	78/79	1.16m
400g JAVELIN	U / 10 Girls	BETHANIE MELIS	87/88	19.70m
60 M H	U / 11 Boys	SIMON WALSH	04/05	9.9s
1100 M W	U / 11 Boys	ANDREW COOPER	98/99	7:54.0
1500 M W	U / 11 Boys	DESMOND HEADLAND	91/92	8:45.43
LONG JUMP (½m Mat)	U / 11 Boys	SIMON WALSH	04/05	4.71m
TRIPLE JUMP (½m Mat)	U / 11 Boys	DARREN TEMPANY	86/87	9.58m
HIGH JUMP SCISSORS	U / 11 Boys	SIMON WALSH	04/05	1.31m

3kg SHOT	U / 11 Boys	SHAUN O'BRIEN	88/89	9.54m
750g DISCUS	U / 11 Boys	ALEX PERIN	15/16	32.08m
60 M H	U / 11 Girls	LUKA SAMUELS	14/15	10.36s
1100 M W	U / 11 Girls	LARISSA BOSHART	00/01	7:04.1
1500 M W	U / 11 Girls	KAREN BRINKWORTH	77/78	7:44.9
LONG JUMP (½m Mat)	U / 11 Girls	MALAIKA DEACON	87/88	4.35m
TRIPLE JUMP (½m Mat)	U / 11 Girls	BETHANIE MELIS	88/89	9.22m
HIGH JUMP SCISSORS	U / 11 Girls	SOPHIE AITKEN	09/10	1.26m
750g DISCUS	U / 11 Girls	BETHANIE MELIS	88/89	24.08m
60 M H	U / 12 Boys	SIMON WALSH	05/06	10.1s
1500 M W	U / 12 Boys	DESMOND HEADLAND	92/93	8:37.8
LONG JUMP (½m Mat)	U / 12 Boys	SHAUN O'BRIEN	89/90	4.86m
TRIPLE JUMP (½m Mat)	U / 12 Boys	SHAUN O'BRIEN DEAN STOITIS	89/90 90/91	10.07m
3kg SHOT	U / 12 Boys	ALEX PERIN	16/17	11.06m
60 M H	U / 12 Girls	LUKA SAMUELS	15/16	10.31s
1500 M W	U / 12 Girls	SUSAN FERGIE	79/80	7:54.1
LONG JUMP (½m Mat)	U / 12 Girls	KYLIE VALLENCE	87/88	4.71m
TRIPLE JUMP (½m Mat)	U / 12 Girls	BETHANIE MELIS	89/90	10.24m
60 M H	U / 13 Boys	JOHN PERIN	82/83	9.5s
1500 M W	U / 13 Boys	MARK KERNAGHAN	78/79	8:26.1 (8:26.01)
1kg DISCUS	U / 13 Boys	ALEX PERIN	17/18	39.60m
60 M H	U / 13 Girls	SHARON KERNAGHAN LARA MATELJAN	80/81 81/82	10.5s
1500 M W	U / 13 Girls	NICOLE KUHAUPT	80/81	8:21.9 (8:21.81)
600g JAVELIN	U / 13 Girls	STEPHANIE BEST	85/86	21.32m
60 M H	U / 14 Boys	JOHN PERIN	83/84	9.18s
100 M H	U / 14 Boys	SHANE CASSEY	84/85	15.88s
1500 M W	U / 14 Boys	MARCO STURNIOLO	87/88	8:50.2 (8:50.16)
4kg SHOT	U / 14 Boys	SHAUN O'BRIEN	91/92	12.42m
750g DISCUS	U / 14 Boys	DARREN JONES	82/83	49.54m

60 M H	U / 14 Girls	LARA MATELJAN	82/83	9.60s
90 M H	U / 14 Girls	BETHANIE MELIS	91/92	15.73s
100 M H	U / 14 Girls	NICOLE KUHAUPT	84/85	18.81s
1500 M W	U / 14 Girls	NICOLE KUHAUPT	84/85	8:04.2 (8:04.14)
750g DISCUS	U / 14 Girls	CONNIE STRATAS	84/85	34.12m
600g JAVELIN	U / 14 Girls	CONNIE STRATAS	84/85	27.48m
200 M H	U / 15 Boys	DUNCAN BRADBURY	07/08	28.6s
1500 M W	U / 15 Boys	FRANK STURNIOLO	86/87	7:52.0 (7:51.96)
600g JAVELIN	U / 15 Boys	PETER SINFIELD	92/93	51.04m
200 M H	U / 15 Girls	ALICE ROUND	02/03	30.1s
1500 M W	U / 15 Girls	NICOLE KUHAUPT	85/86	7:35.4 (7:35.38)
750g DISCUS	U / 15 Girls	CONNIE STRATAS	85/86	39.62m
600g JAVELIN	U / 15 Girls	CONNIE STRATAS	85/86	31.50m
200 M H	U / 16 Boys	PAUL PESTI DUNCAN BRADBURY	00/01 08/09	28.1 (28.06s)
600g JAVELIN	U / 16 Boys	PAUL PESTI	00/01	39.68m
200 M H	U / 16 Girls	SOFIA PAPATHANASSIOU	15/16	31.33s
200 M H	U / 17 Boys	DUNCAN BRADBURY	09/10	25.89s
200 M H	U / 17 Girls	TAYLOR WATSON	13/14	31.88s
1500 M W	U / 17 Girls	AMY STAFFE	09/10	12:26.00
4kg SHOT	U / 17 Girls	STEPHANIE BUTT	05/06	6.73m
600g JAVELIN	U / 17 Girls	STEPHANIE BUTT	05/06	16.90m

**These events are not currently being contested at Hamersley Little Athletics Centre.**